

Katenke

ADDRESS
Esmeralda nº 464

CONTACT
Cristian Restrepo
katenke@outlook.com
(56)9 82094957

ROUTES
Cochrane lake and river

ACTIVITY
Scuba Diving

DISTANCE
2,5 km

DURATION
3 to 4 hours

DIFFICULTY
Medium



DESCRIPTION
Snorkelling in the clear waters of Cochrane river is the best way to spot trout and fluvial flora. We also offer recreational diving, diving baptisms and PADI courses.

ROUTE
COLOR

Centro Eco Familiar
Laguna Esmeralda

ADDRESS
San Lorenzo road km 5.1

CONTACT
Karla Rojas
kalinarouss@gmail.com
(56)9 84309738

ROUTES
Route Eco Esmeralda

ACTIVITY
Hiking

DISTANCE
2 km (aprox.)

DURATION
3 hours

DIFFICULTY
Low (suitable for every member of the family)



DESCRIPTION
This trip starts at the Esmeralda Lake Eco Family Center and includes optional mud therapy. We start walking along an easy path towards lake Esmeralda, enjoying the flora and bird watching. If you want, bring a bathing suit to swim in the lake. This trip includes a snack with local products.

ROUTE
COLOR

Anémona

ADDRESS
Tamango National Reserve Km 4 Las Golondrinas 198. Cochrane

CONTACT
Carlos Garrido Moneva
carlosgarridomoneva@gmail.com
(56) 9 76622891

ROUTES
Cochrane Lake

ACTIVITY
Sailing trips and Huemul watching (southern Andean deer)

DISTANCE
4 km

DURATION
2 to 3 hours

DIFFICULTY
Low, non-suitable for people with mobility limitations



DESCRIPTION
The Cochrane Lake navigation (Tamango National Reserve), on a fully equipped boat, takes about 20 minutes from "Embarcadero" to "Las Corrientadas" (mouth of the lake). This circuit includes Huemul and other flora and fauna watching.

Capacity: 5 people

ROUTE
COLOR



Lord Patagonia
Outdoors

ADDRESS
Pje Cerro La Cruz nº 557, Cochrane

CONTACT
Jimmy Valdes B.
lordpatagonia@gmail.com
www.lordpatagonia.cl
www.glaciarcalluqueo.cl
(56) 9 84252419

ROUTES
Calluqueo Glacier

ACTIVITY
Trekking

DISTANCE
57 km from Cochrane
6 km trekking

DURATION
Full day

DIFFICULTY
Medium. Requires good physical condition compatible with high impact activities.



DESCRIPTION
Visiting Cochrane constitutes an unforgettable experience. There you can get near the San Lorenzo area and enjoy Patagonian Ice. This trekking trip includes transfer, local guide, food supply and equipment.

ROUTE
COLOR

El Gaucho del Baker

ADDRESS
Sector Ventisquero River 65 km approx. from the intersection of Los Nadis and Carretera Austral

CONTACT
René Muñoz
reneventisquero@gmail.com
(56) 9 84386683
(56)9 82658767
(56)9 79991278
Radio HF, Frecuencia 6620 o 5200 USB. Estación Ventisquero Norte

ROUTES
from San Carlos Path to Ventisquero River

ACTIVITY
Horseback riding

DISTANCE
9 km

DURATION
4 hours

DIFFICULTY
Low

ROUTES
Fundo Río Ventisquero

ACTIVITY
Horseback riding

DISTANCE
5km

DURATION
3 hours

DIFFICULTY
Low



DESCRIPTION
4-hour horseback riding from Paso San Carlos, recently declared Historical Monument, towards the South as far as Fundo Río Ventisquero. Visitors recall the story of the early pioneers of the Baker River area. The activity includes crossing the Baker River by boat.

Capacity: 5 to 10 people

ROUTE
COLOR

DESCRIPTION
3-hour horseback riding within Fundo Río Ventisquero, going over the valley, skirting Laguna Negra as far as the lookout over Glacier Río Ventisquero. Back in Fundo Río Ventisquero, tourists can enjoy doing farm activities.

ROUTE
COLOR

Turismo San Lorenzo

ADDRESS
San Lorenzo Farm

CONTACT
Luis Soto
cerrosanlorenzo@gmail.com
turismo@cochranepatagonia.cl
(56) 9 75618719
(56) 9 67678174
Radio HF, Frecuencia 4580 USB Estación Cerro San Lorenzo

ROUTES
San Lorenzo Farm

ACTIVITY
Horseback riding

DISTANCE
8km

DURATION
6 hours

DIFFICULTY
Low



DESCRIPTION
6-hour horseback riding throughout San Lorenzo Farm to wards Base Campsite A. de Agostini, located at the foot of San Lorenzo hill, the second highest mountain in Patagonia. Guided by Luis Soto.

ROUTE
COLOR

Turismo al Máximo

ADDRESS
Rosalia Gallardo 627

CONTACT
Cesar Villegas V.
cdvv71@hotmail.com
(56)9 88274596

ROUTES
Cochrane river and lake

ACTIVITY
Recreational fishing

DISTANCE
4 km (approx.)

DURATION
Full day

DIFFICULTY
Low



DESCRIPTION
Recreational fishing in Cochrane allows for the observation of the natural beauty and clear waters of Cochrane river and lake, Jaramillo river and the mouth of Vargas lake. Activities: boat fishing , riverside fishing, lake shore fishing or trawl fly fishing. Fishing equipment available for renting.

ROUTE
COLOR

Acto Expediciones

ADDRESS
Río Baker Nº9, Cochrane

CONTACT
Claudio Rey
claudiorey85@hotmail.com
(56)9 85485839

ROUTES
Calluqueo Glacier

ACTIVITY
Trekking

DISTANCE
57 km from Cochrane
6 km trekking

DURATION
Full day

DIFFICULTY
Medium. Good physical condition required, compatible with high impact activities



DESCRIPTION
Full day walking activity over a mild ice-covered slope in the Calluqueo Glacier. Gear, transport and satellite phone communication provided.

ROUTE
COLOR

El Rastro Excursiones

ADDRESS
Chacabuco Street N°130

CONTACT
Rosa Figueroa
elrastroexcursiones@live.cl
(56)9 77071308
(56)9 75476326

ROUTES
Route Los Lagos Brown-Cochrane

ACTIVITY
Trekking

DISTANCE
70 km

DURATION
4 days

DIFFICULTY
Medium



DESCRIPTION
A four-day trekking activity, around Brown Lake starting on the West side towards Brown River. From this point, tourists go down Cochrane Lake. Optional hiking to viewpoint over "Milestone V- 5 Cochrane Lake – Pueyrredón". This activity includes gear and its portage, meals and transport to Cochrane. Book in advance.

ROUTE
COLOR

ROUTES
Full day to Brown lake

ACTIVITY
Trekking

DISTANCE
8 km

DURATION
Full day

DIFFICULTY
Medium- High

DESCRIPTION
Full day trekking in Brown Lake area from Brown Lake shore to Cerro Redondo lookout point where tourists have a panoramic view of Cochrane Lake and the mountain chains nearby. It includes snacks, transport and optional trekking gear.

ROUTE
COLOR

Ventisquero Neff

ADDRESS
Confluence of rivers Baker and Neff

CONTACT
Aquilino Olivares
turismo@cochranepatagonia.cl
(56) 67 2 522326 (56) 9 78761370
Radio HF, Frecuencia 4.800 USB Estación Fundo Tres Marías

ROUTES
Neff snowdrift

ACTIVITY
Horseback riding

DISTANCE
4 km

DURATION
Half day

DIFFICULTY
Low

ROUTES
Neff snowdrift

ACTIVITY
Horseback riding

DISTANCE
37 km

DURATION
3 days

DIFFICULTY
Medium



DESCRIPTION
Half day horseback riding from Las Tres Marías Farm to the natural lookout point where Baker and Neff rivers merge.

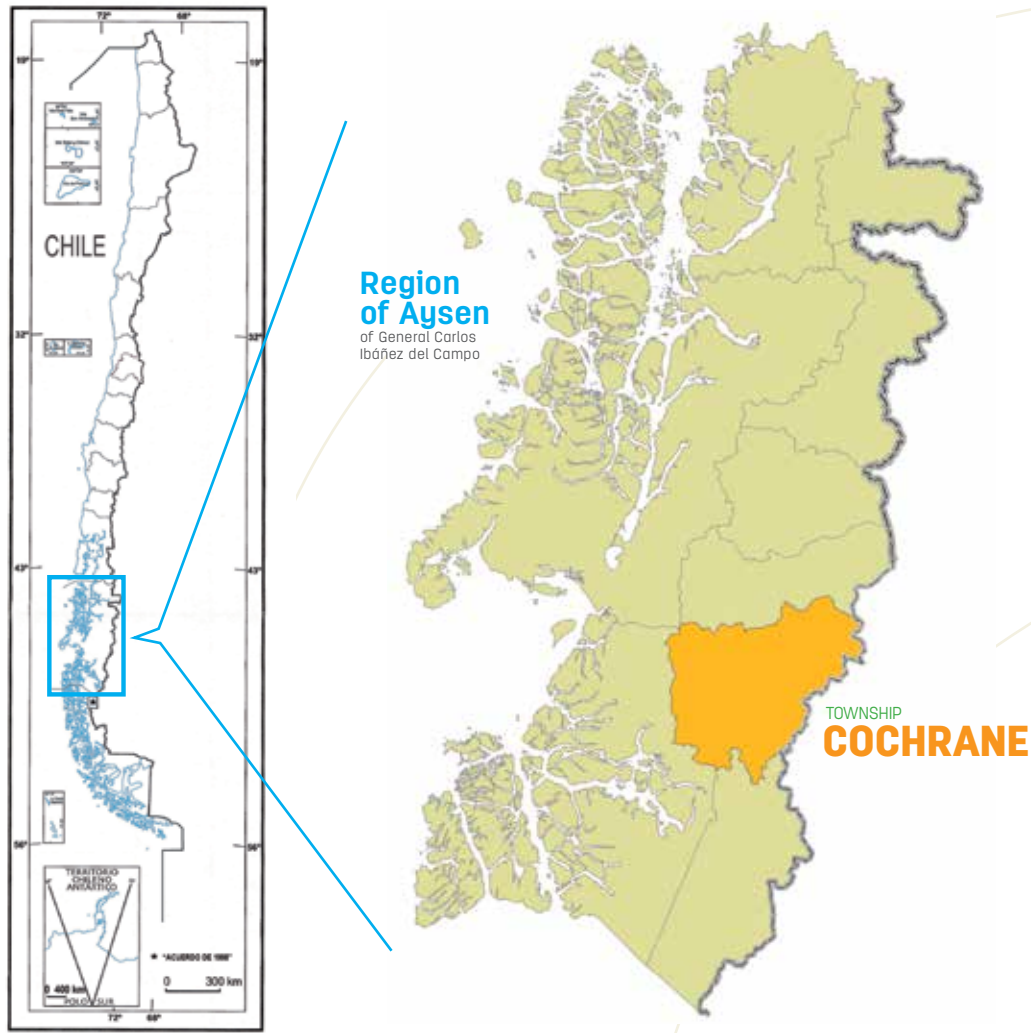
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DESCRIPCIÓN
3-day ride, stopping in rest areas, from Las Tres Marías Farm through Neff river valley towards the remarkable Neff snowdrift. Huemules might be seen in the area. Meals included.

ROUTE
COLOR

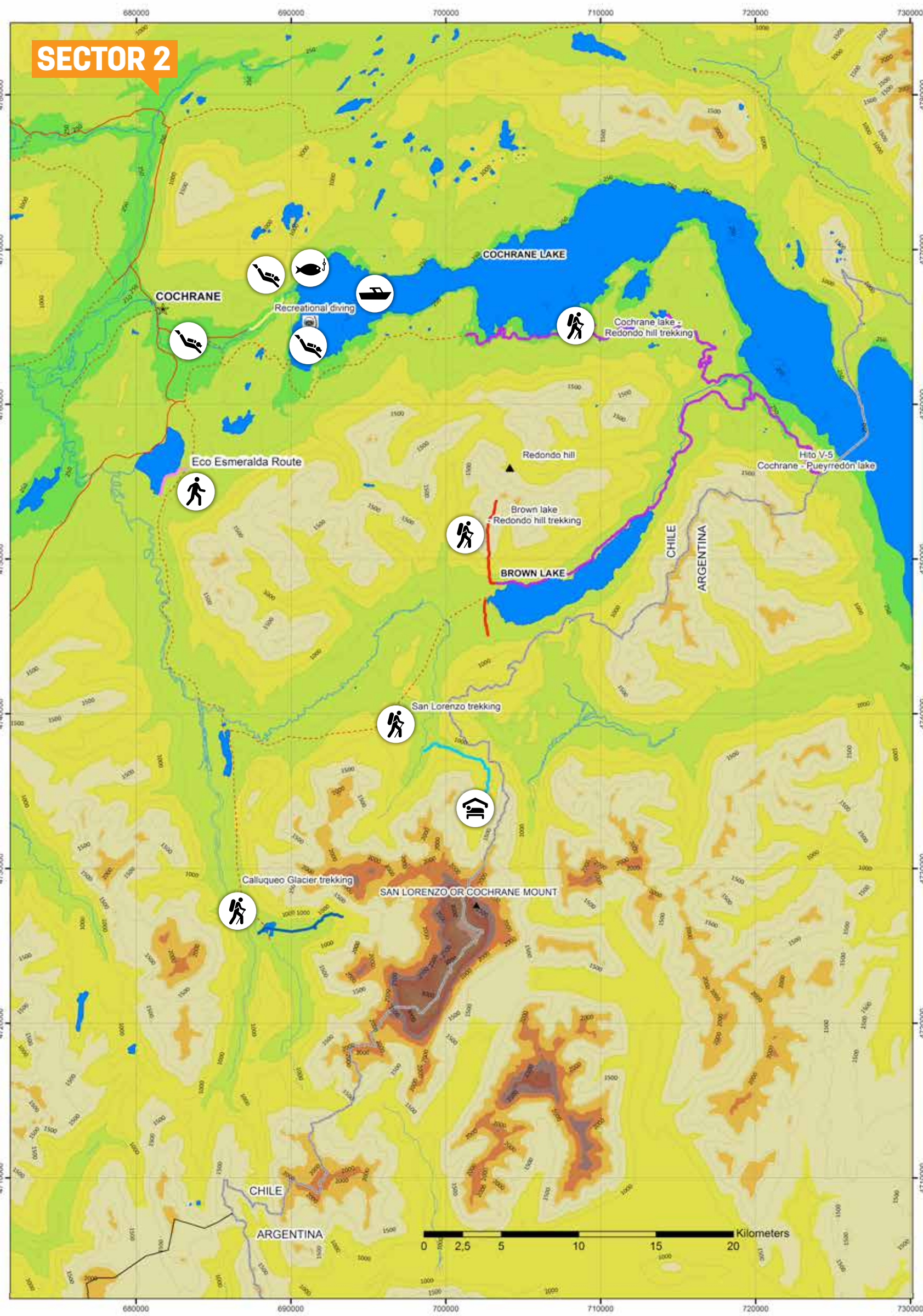
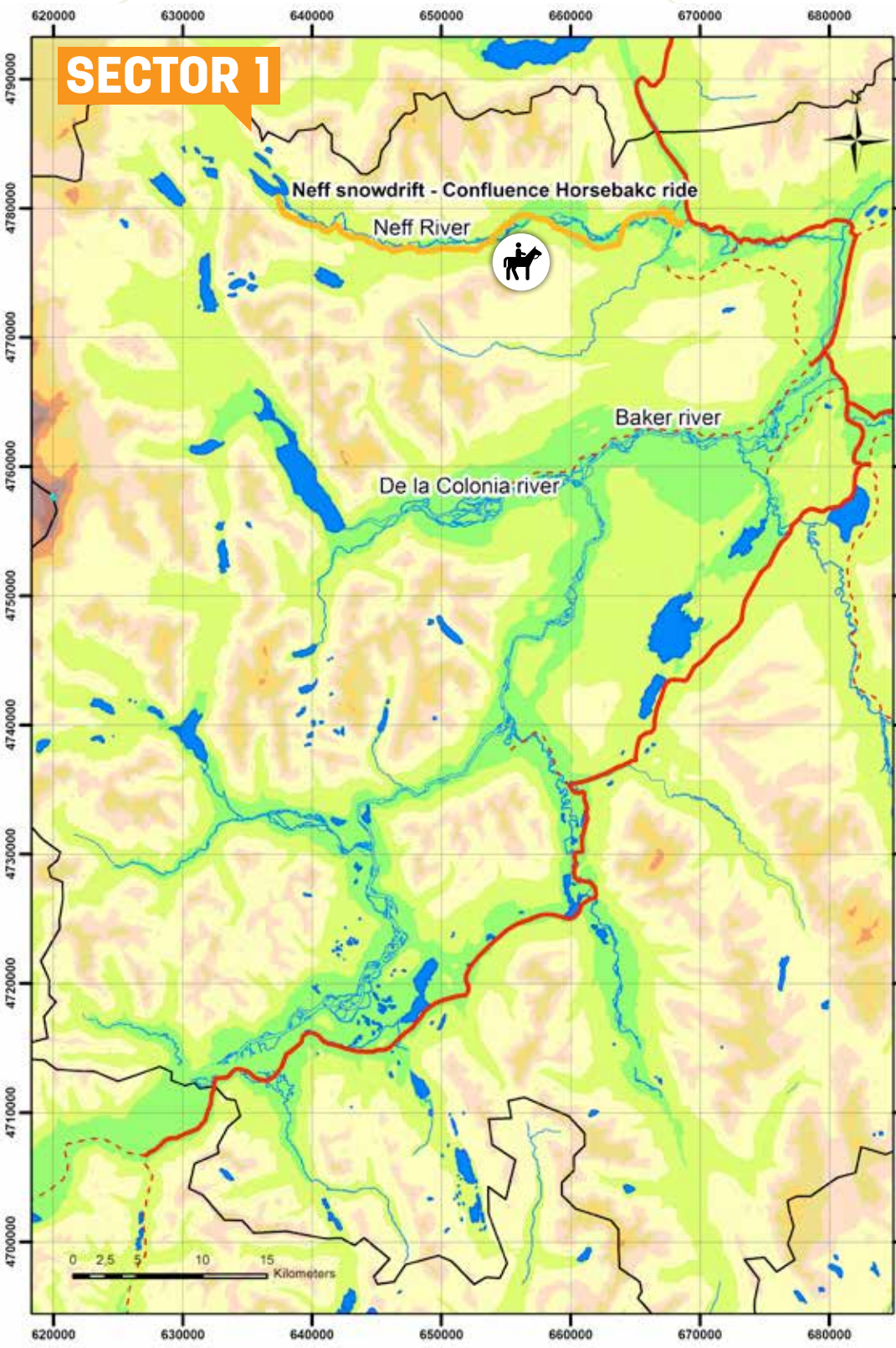
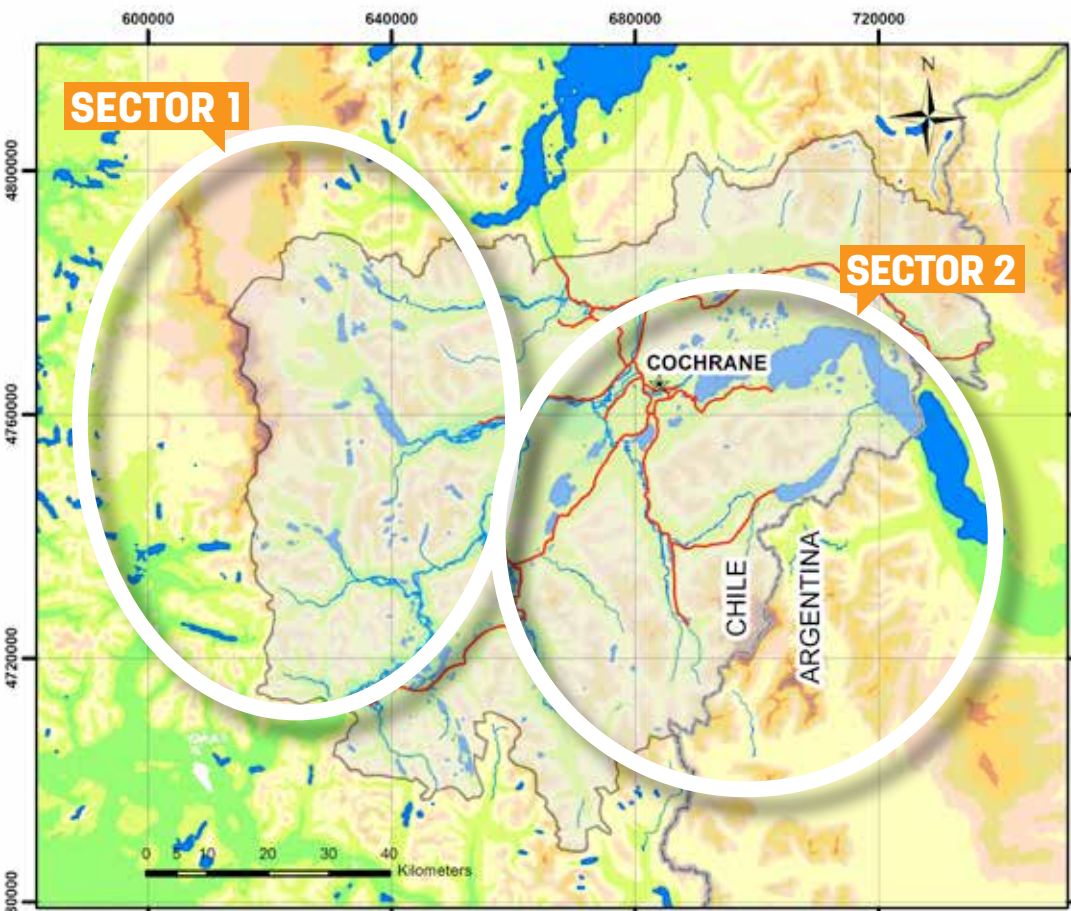


ROUTES
TOWNSHIP
COCHRANE



ACCOMMODATION

Name of Accommodation	Address street	Phone number	Web/Email
Cabaña Y Residencial El Arriero	San Valentin 146	67-2522137 • 62101133 81517792	rj.contrerasojeda@hotmail.com
Cabañas Y Hospedaje Ana Luz	Los Nadis 569	9-75792545	hospedaje_analuz@hotmail.com
Cabañas Brellenthin	Sector Embarcadero Km 3	67-2522275 9-91392413	www.turismorutapatagonia.cl turismobrellenthin@gmail.com
Cabañas Eca	Rio Colonia 85	67-2522227	eca_cochrane@hotmail.com
Cabañas Y Hospedaje El Bombero	Rio Colonia 400	9-66204851 9-66266563	hospedajeelbombero@hotmail.com
Cabañas Hervila	Chacra Entrada Norte Cochrane, Lote 28	56587202 84041342	www.facebook.com/pages/Cabañas-Hervila/526291937453906 violetavaja@hotmail.com
Cabañas Los Nadis	Dr. Steffens 338	9-98836472 9-98836452	www.facebook.com/cabanaslosnadis.cochrane jgopazo@hotmail.com
Cabañas Maria Ines	Entrada Norte Km. 1,5 Cochrane	09-76481405	www.mariaines.cl ines.maria.soto@gmail.com
Cabañas Marlo	Dr. Steffens 560	67 - 2522130 84659027	loreto.hn@gmail.com
Cabañas Y Hospedaje Paola	Lago Brown 150	67-2522215	hospedaje.paola@gmail.com
Cabañas Rogeri	Teniente Merino 385	67-2522264 88274342	rogeri3@hotmail.com
Cabañas Sol Y Luna	Camino Embarcadero Lote B	9-81579602	xmardonestorres@hotmail.com
Cabañas Sur Austral	Arturo Prat 334	67-2522150 9-88277003	ssalazarquiroz@yahoo.es
Hospedaje Y Camping Cecilia	Carretera Austral Lote A, Km 1	93861770	gustavo_eladio_henriquez@yahoo.es
Hospedaje Y Camping Cochrane	Dr. Steffens 451	67-2522377 77664752	pquintana13@gmail.com
Casa Orellana	Rio Maitén S/N	88291253	casaorellana.11@gmail.com
Centro Eco Familiar Laguna Esmeralda	Camino San Lorenzo, Sector Laguna Esmeralda Km 5,1	86894261	kalinarouss@gmail.com
Hospedaje La Princesita	Lago Brown 55	9-98879240	j.essikita20@hotmail.com
Hostal Central	Teniente Merino 347	94929444	www.facebook.com/trudylopezkutcher trudylok@hotmail.com
Hostal Esmeralda	San Valentin 141	98719956 97186805 67-2522258	hostalesmeraldacochrane@gmail.com
Hostal Latitud 47 Sur	Lago Brown 564	9-88290956	latitud47sur_patagonia@hotmail.com
Hotel Wellmann	Las Colondrinas 565	67-2522171 84280659	hotelwellmann@gmail.com
Residencial Cero A Cero	Lago Brown 464	67 2522158	ceroacero@gmail.com
Residencial El Fogon	San Valentin 653	76447914 62245445	elfogon653@gmail.com
Residencial Horstmeyer	Alfredo Stange 9	67-522263	jjr_rubilar@hotmail.com
Residencial Katita	Arturo Prat 536	78810631	gonzalezvasquezanamaria@gmail.com
Residencial Sur Austral	Arturo Prat 334	67-2522150 9-88277003	ssalazarquiroz@yahoo.es
Lodge Bordebaker	Lote M3 Sector El Manzano S/N	22424198	www.bordebaker.cl contacto@bordebaker.cl
Parque Patagonia	Valle Chacabuco Camino Entrada Baker	652250079	www.parquepatagonia.org cmpumalin@gmail.com
Camping Aquasol	Km 2 Camino A Lago Cochrane	88947540	jloletlore@hotmail.com
Hotel Ultimo Paraíso	Calle Lago Brown 455	67-2522361	www.hotelultimoparaiso.cl hotelultimoparaisochile@hotmail.es
Ada's Cafe Restaurant	Teniente Merino 374	83995889 88274613	www.adascaferestaurant.com adascaferestaurant@gmail.com
Cafe Restaurant Martica	Cauchue (Lago Cochrane) 565	94101617	martareyesolivares@hotmail.com
Restaurant Rojita	Camino A Lago Cochrane Km 1	67898582	
Restaurant Turístico La Isla	Arturo Prat 100-B	(09) 8885256	opazomorales@gmail.com



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ROUTES
TOWNSHIP
COCHRANE

SECTOR 1
Neff snowdrift – Confluence route

SECTOR 2
Cochrane lake and river
Cochrane and Brown lakes trekking
Brown lake – Redondo hill trekking
San Lorenzo farm
Calluqueo glacier trekking
Eco Esmeralda route

LÍMITES
International limit
Communal limit

SERVICES

Accommodation
Walking
Trekking
Horseback riding
Recreational fishing
Sailing
Recreational diving

Cartographical Data:
DATUM WGS 84 Zone 18 South

To follow the routes presented in this brochure, you may require the owner's permission when crossing along private farms. You may ask local guides.